# Faculty of Health Department of Psychology PSYC 1010 6.0 E: INTRODUCTION TO PSYCHOLOGY Thursday/2:30-5:30/ Winter 2021

Please note that this is a course that depends on remote teaching and learning. There will be no in-class interactions or activities on campus. The course will be delivered using largely asynchronous methods. Lectures will be pre-recorded videos. Some synchronous activities (tests, and Q&A/Review sessions) will be delivered by Zoom during class time. Please keep the day and time free for course work. Test 3 will be run in class time on February 25<sup>th</sup>, 2021, Test 4 will be scheduled in the Winter Exam period by the Registrar's Office (TBD April 14-28).

## Instructor Information

Dr. Heather Jenkin Office Hours: By appointment through <u>https://calendly.com/hjenkin-office-hours-psyc</u> Email: <u>hjenkin@yorku.ca</u>

**Email (n)etiquette** When you email Dr. Jenkin or your TA include your Student ID and full name in the body of your email with the Course number on the subject line (if not, a reply is not guaranteed). Dr. Jenkin will not answer emails regarding issues/questions covered in the course syllabus – read the syllabus before emailing.

### **Teaching Assistant Information**

For questions **concerning lecture or text material, study habits, etc.**, you should contact your TA during their virtual Zoom based office hours. Details regarding TA office hours will be posted via eClass.

For the Fall Term, students have been assigned to a specific Teaching Assistant alphabetically by the student's last name. This is an administrative decision and is designed simply to facilitate organization in the course. With a course enrollment of 500 students, it's important that each student have someone who is familiar with them and their grades etc. The teaching assistant to whom you are assigned will be the person you should visit in his/her/their virtual office hours to consult about course material and to inquire about your grades. Your TA's office hours will take place primarily during the course hours.

Each of the TA's will be available for two hours each week for consultation regarding text readings, exams, grades, study habits, etc..

If you are having trouble with the lectures or the text visit the TA's during their office hours. The TA's also will be happy to talk with you about improving your study habits and about graduate school in psychology and careers in psychology.

Sears, Deborah <u>dasears1@yorku.ca</u> – students last name from A to D Chafe, David dchafe@yorku.ca – students last name from E to Kh Zaidi, Syeda K.B kZaidi@yorku.ca – students last name from Ki to Ra Butterfield, Kaitlyn – <u>kmarieb@yorku.ca</u> - students last name from Re to Z

Raphael Gastrock gastrock@yorku.ca - no students assigned

TA's student groups may be adjusted in the Winter Term – notice will be provided through eClass.

**Course Prerequisite(s): Course prerequisites are strictly enforced:** No **Course Credit Exclusions** Please refer to <u>York Courses Website</u> for a listing of any course credit exclusions.

### Course website: eClass

All course materials will be available on the course eClass site, unless otherwise indicated by the instructor. The site will be your central access point for course materials such as Lecture Videos and additional web resources.

### Technical requirements for taking the course:

Several platforms will be used in this course (e.g., eClass, LaunchPad, Zoom, etc.) through which students will interact with the course materials, the course director / TA, as well as with one another. Please review this syllabus to determine how the class meets (in whole or in part), and how office hours and presentations will be conducted. Students shall note the following:

- Zoom is hosted on servers in the U.S. This includes recordings done through Zoom.
- If you have privacy concerns about your data, provide only your first name or a nickname when you join a session.
- The system is configured in a way that all participants are automatically notified when a session is being recorded. In other words, a session cannot be recorded without you knowing about it.

I expect students to participate in this course, (1) through Zoom video conferencing and therefore (2) students may also appear on video (e.g., for tutorial/seminar discussion, etc.). In addition to stable, higher-speed Internet connection, students will need a computer with webcam and microphone, and/or a smart device with these features.

Instructions on how to register to borrow a laptop can be found here: <u>https://computing.yorku.ca/offcampus</u> under the heading "If you don't have a computer at home."

A way to determine Internet connection and speed: there are online tests, such as <u>Speedtest</u>, that can be run. Useful links describing computing information, resources and help for students:

<u>Student Guide to Moodle</u> <u>Zoom@YorkU Best Practices</u> <u>Zoom@YorkU User Reference Guide</u> <u>Computing for Students Website</u> <u>Student Guide to eLearning at York University</u>

**Organization of the course:** This online course will be taught remotely in predominantly an asynchronous manner. The class time is scheduled on Thursday between 2:30 and 5:30 (Toronto time: Eastern Time Zone). **Make sure to reserve this time for course activities**.

There will be course lecture material pre-recorded and uploaded to EClass (see Course Schedule on last page of this syllabus). Important: Not all of the information presented in your textbook text will be covered in the recorded lectures. You are responsible for reading the text. Lectures are designed to highlight some aspects of the weekly topic and to motivate you to learn. Moreover, some of the lectures will contain information that is not in the textbook and questions pertaining to such information may appear on exams. Any video or other material linked in the course slide or on eClass is subject to examination on the tests.

## Program Learning Outcomes

Upon completion of this course, students should be able to:

- 1. Define psychology and explain how it meets the criteria of science.
- 2. Recognize key concepts, methods, theories and assumptions in psychology.
- 3. Describe basic characteristics of the scientific method in psychology.
- 4. Discern differences between personal views and scientific evidence.

## **Specific Learning Objectives**

The purpose of this course is to introduce students to the broad field of psychology. In addition, it is hoped that students will develop appropriate study habits and critical thinking skills. Time management and attention to detail will be important skills to bring to this fast-paced course. Participation in the Undergraduate Research Participant Pool (URPP) will expose students to ongoing psychological studies at York University.

## **Required Text**

Weiten, W. & McCann, D. (2019). <u>Psychology: Themes and Variations</u> (*5th* Canadian Edition). Toronto, Canada: Thomson-Nelson.

Recommended: Mindtap (Mindtap is included in the texts available through the York University Bookstore. Mindtap contains practice tests and study materials that many students find useful in preparing for course tests and exams.

NOTE: Make sure to get the right edition of the textbook, the 5<sup>th</sup> Canadian Edition with a publication date of 2019. This is the only textbook that will be referred to in this course.

Assessment	Date of Evaluation	Weighting
Test 3	Thursday February 25 <sup>th</sup> 2021	24%
Test 4	Winter exam period	24%
URPP (second term)	Winter term completion by April 12	2%
Total		50%

### **Course Requirements and Assessment (Winter Term ONLY):**

### **Description of Assignments**

- Two term tests: Term Test 3 will be held in during our class time on Thursday February 25th, 2021; Term Test 4 will be scheduled by the Registrar during the Winter Exam Period (April 14- 28). Make sure you are available during the Exam Period to write the test. Tests are non-cumulative and have both multiple choice and short answer questions. Make sure to note the dates and plan to be able to complete ALL tests at the assigned time. If you miss a test you will score zero for that test. See details regarding Missed tests below.
- Students in this course have an opportunity to earn up to 4% of their final grade (2% per term) by participating in online research as part of the Undergraduate Research Participant Pool (URPP. For information on this, see <u>http://www.psych.yorku.ca/urpp/</u>)

If you do not want to participate in research, you may opt to submit a 3-page paper summarizing a psychology research article that will be assigned to you. This option is referred to as the Paper Stream. **Note:** you must request the paper Stream during the Fall Term NOT the Winter Term. Students who wish to choose this option must email the URPP office before October 19th, 2020 - further instructions will be obtained once the request is submitted. Acceptable papers will earn up to 4% toward their final grade. The Paper Stream deadline is April 12<sup>th</sup>, 2020. Appeals week is April 13th – April 20th, 2021.

**IMPORTANT** - To continue taking upper year Psychology courses you MUST pass this course with a grade or 60% or better. Dr McCann and I only asses 96% of your course grade as 4% comes from URPP. Be aware that if you DO NOT complete URPP and score 60% on ALL other components you will end the course with 57.6%

## Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A + = 9, A = 8, B + = 7, C + = 5, etc.). Assignments and tests\* will bear either a letter grade designation or a corresponding number grade (e.g. A + = 90 to 100, A = 80 to 89, B + = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar - <u>Grading Scheme for</u> 2020-21

#### Missed Tests/Midterm Exams/Late Assignment:

Students who miss a test or final exam must contact **Dr. Jenkin by email within 24 hours** of the original test or exam. If you cannot contact the instructor during this 24-hour period, subsequent documentation accounting for the delay **must** be provided. Dr. Jenkin will require a zoom office hour meeting to discuss how to deal with the missed test. It is in your best interest to write a term test on day and time scheduled. <u>HH PSYC: Missed Tests/Exams Form</u>. Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment. For any missed quiz or late assignment, students MUST complete the online form (see above link) which will be received and reviewed in the Psychology Undergraduate Office. At this time, due to COVID-19 an Attending Physician's Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided.

In addition, to the online form, a student's documented reason for a missed test must be submitted. Tests/exams missed due to **non-medical circumstances** must be supported by appropriate documentation, i.e., death certificates, obituary notice, automobile accident reports, airline/bus ticket/receipt for emergency travel (with date of booking on ticket), etc. Airline/train/bus ticket/receipts for emergency travel must indicate destination, departure, and return dates. **Having to work at the time of a test is not considered a valid excuse for missing the test.** 

**IMPORTANT NOTE:** Only extremely unusual circumstances would warrant a second chance **if you miss two** term tests. It would be in your best interests to drop or withdraw from the course if you are experiencing long term health issues. Permission from the **course instructor** is required before any accommodation can be determined. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

### Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the <u>Refund Tables</u>.

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system. After that date, you must contact the professor/department offering the course to arrange permission. You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may <u>withdraw from a course</u> using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

#### Add/Drop Deadlines

For a list of all important dates pl ease refer to: Fall/Winter 2020-21 Important Dates

	Fall (F)	Year (Y)	Winter (W)
Last date to add a course <b>without permission</b> of instructor (also see Financial Deadlines)	Sept 22.	Sept 22.	Jan. 25
Last date to add a course <b>with permission</b> of instructor (also see Financial Deadlines)	Oct. 6	Oct. 27	Feb. 8
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 6	Feb. 5	March 12
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 7-Dec. 8	Feb. 6 – April 12	March 13-April 12

## **Calumet and Stong Colleges' Student Success Programming**

<u>Calumet</u> and <u>Stong</u> Colleges aim to support the success of Faculty of Health students through a variety of <u>free</u> **programs** throughout their university career:

- <u>Orientation</u> helps new students transition into university, discover campus resources, and establish social and academic networks.
- <u>Peer Mentoring</u> connects well-trained upper-year students with first year and transfer students to help them transition into university.
- <u>Course Representative Program</u> aims to build the leadership skills of its course reps while contributing to the academic success and resourcefulness of students in core program classes.
- <u>Peer Assisted Study Sessions (P.A.S.S.)</u> involve upper-level academically successful and well-trained students who facilitate study sessions in courses that are known to be historically challenging.
- **<u>Peer Tutoring</u>** offers one-on-one academic support by trained peer tutors.
- Calumet and Stong Colleges also support students' <u>Health & Wellness</u>, <u>leadership and professional skills development</u>, <u>student/community engagement and wellbeing</u>, <u>career exploration</u>, <u>Indigenous Circle</u>, <u>awards and recognition</u>, <u>and</u> <u>provide opportunities to students to work or volunteer</u>.
- Please connect with your Course Director about any specific academic resources for this class.
- For additional resources/information about our student success programs, please consult our <u>website</u>, email <u>scchelp@yorku.ca</u>, and/or follow us on <u>Instagram</u> and <u>Facebook</u>.

## Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with *Student Accessibility Services (SAS)* to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.

https://accessibility.students.yorku.ca/

## Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities:

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: <u>York University Academic Accommodation for Students with Disabilities Policy</u>.

## Academic Accommodation for Religious Observance

York University is committed to respecting the religious beliefs and practices of all members of the community and making accommodations for observances of special significance. If any test date poses a problem for you with regard to your Religious Observance please inform Dr. Jenkin at least two weeks before the test. Alternative tests dates will be arranged. You should complete a Religious Accommodation Form available at: https://secure.students.yorku.ca/pdf/religious-accommodation-agreement-final-examinations.pdf

Further information is available at the Senate Guidelines for Religious Observance

### **Electronic Device Policy**

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorised source during an examination unless the tests/exams are open-book.

### **Academic Integrity for Students**

York University takes academic integrity very seriously; please familiarize yourself with <u>Information about the Senate Policy</u> on <u>Academic Honesty</u>.

It is recommended that you review Academic Integrity by completing the <u>Academic Integrity Tutorial</u> and <u>Academic Honesty Quiz</u>

In this course, we strive to maintain academic integrity to the highest extent possible. **Breaches of academic integrity range from** cheating (i.e., the improper crediting of another's work, the representation of another's ideas as your own, etc.) to aiding and abetting (helping someone else to cheat). All breaches in this course will be reported to the appropriate university authorities, and can be punishable according to the <u>Senate Policy on Academic Honesty</u>.

### **Information on Plagiarism Detection**

Always write your own work on any work submitted for grade. Academic Integrity is treated very seriously in the Department.

To promote academic integrity in this course, students will be normally required to submit their written Short Answers on a test to Turnitin (via the course Moodle website) for a review of textual similarity and the detection of possible plagiarism. In so doing, students will allow their material to be included as source documents in the Turnitin.com reference database, where they will be used only for the purpose of detecting plagiarism. The terms that apply to the University's use of the Turnitin service are described on the Turnitin.com website. Also our Teaching Assistants are excellent observers as they mark answers in detecting lifts from the text eBook and other sources.

## Audio-visual recordings

Photographs, video and audio recordings are **"records"** as defined in the *Freedom of Information and Protection of Privacy Act* (FIPPA). The information contained in them is considered "personal information" when they contain "recorded information about an identifiable individual. Our course Zoom interactions that are recorded:

1) my pre-recorded lectures and recorded Zoom interactions should be used for educational purposes only and as a means for enhancing accessibility;

2) students do not have permission to duplicate, copy and/or distribute any of the recordings outside of the class (these acts can violate not only copyright laws but also <u>FIPPA</u> and intellectual property rights); and
3) all recordings will be destroyed after the end of classes.

## **Course Materials Copyright Information**

These course materials are designed for use as part of the PSYC1010I course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law. In the past, such course materials have been posted to external, public websites. **Do not do this with materials I provide for this course PSYC1010I without my explicit permission.** 

Generally, in the absence of another agreement, instructors at York University own the intellectual property to the teaching materials they create. Students wishing to reuse instructor-created content must either request permission from the instructor or limit their use to one of the "user rights" set out in the Copyright Act. In most cases, copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. Intellectual Property Rights Statement.

## **Test Banks**

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

### **Course Schedule**

DATE	REQUIRED READINGS	
Jan 14	Welcome	
	Chapter 9 Intelligence and Psychological Testing	
Jan 21	Chapter 10 Motivation & Emotion	
Jan 28	Chapter 11 Child Development (to page 409)	
Feb 4	Chapter 11 Adolescent & Adult Development (from page 409)	
Feb 5	Last day to drop without receiving a grade.	
Feb 11	Chapter 12 Personality and Test Review	
Feb 18	No class (Reading Week)	
Feb 25	Test 3 (24%) based on all content from Jan 14 – Feb 11 inclusive	
Mar 4	Chapter 13 Social Behaviour	
Mar 11	Chapter 14 Stress, Coping & Health	
Mar 18	Chapter 15 Psychological Disorders (to page 578)	
Mar 25	Chapter 15 Psychological Disorders (from page 579)	
April 1	Chapter 16 Treatment of Psychological Disorders	
April 8	Review	
TBD	Test 4 (24%) based on all content since Test 3	
April 14- 28	Date set by RO	