PSYC 3140 (O) – Abnormal Psychology Faculty of Health Department of Psychology York University, Winter 2020

COURSE OBJECTIVES/DESCRIPTION

This survey course is designed to provide an introduction to psychopathology and the study of abnormal behaviour. Clinical psychologists are concerned with maladaptive behaviour of all sorts, severity and duration. This course will review the major forms of mental and emotional disorders and the scientist-practitioners who have made important contributions and discoveries in the field. Lectures will be supplemented by assigned text readings, videos, discussions and individual case study materials.

Prerequisites: HH/PSYC 1010 6.00 (Introduction to Psychology), minimum grade of C Completed at least 54 earned credits

COURSE INFORMATION

Instructor: Dr. Joel Goldberg 133a BSB

Instructor Office Hours: By appointment jgoldber@yorku.ca

(note: no final 'g')

Teaching Assistant: Anthony Battaglia 141 BSB

Teaching Assistant Office Hours: By appointment battaglia@yorku.ca

Lectures: Wednesdays 8:30 – 11:30 Curtis Lecture Hall – G (CLH-G)

REQUIRED TEXTBOOK

Flett, G.L., Kocovski, N.L. & Blankstein, K.R. (2017). *Abnormal Psychology: Canadian Edition* (6th ed.). Toronto: John Wiley & Sons Canada, Ltd.

LEARNING OUTCOMES

Upon completion of this course, students should be able to:

- 1. Demonstrate a breadth of knowledge of psychopathology and clinical psychology assessment
- 2. Articulate patterns and historical trends in abnormal psychology understandings.
- 3. Express knowledge of abnormal psychology in verbal and written form
- 4. Describe and critically appraise the contributions of scientist-practitioners and the limits of the clinical and research findings in the field
- 5. Demonstrate ability to generalize scientific information in abnormal psychology to one's own life and to the life experiences of others.

CLASS FORMAT AND EVALUATION

The course will consist of lectures and textbook readings. The final mark will be based on 10 non-cumulative quizzes, two non-cumulative tests and a non-cumulative final exam as well as 3 in-class group assignments.

Quizzes will be based on textbook material only.

For **tests** and the final exam, you will be responsible for material covered in lectures as well as assigned text readings. There will be some overlap between the material presented in the text and in the lectures. However, there will also be specific material that will only be presented in the lectures. Therefore, in order to ensure your success in the course, you are encouraged to do the assigned text readings, attend lectures, ask questions, and participate in class discussions.

Evaluation: Weighting towards final grade:

Top 10 of 12 Quizzes		10 %
In class group assignments (3 assignments)		6%
Test 1: (Jan 29):		24%
Test 2: (Feb 26):		30%
Final Exam: (during Apr exam period)		30 %
Clicker – participation	Bonus	2%

The above course requirements and weights are final and will not be adjusted. Requests for special consideration should be directed to the course instructor, not to the teaching assistant. Exceptions **may** be made for missed tests in extenuating circumstances, provided the student presents **legitimate** and **documented** reasons for failing to complete stated course requirements. Final marks are final, and will not be adjusted in order to "boost" students' marks into the next letter grade.

Weekly Quizzes:

Students are required to complete weekly quizzes on-line. Questions will be based on assigned textbook chapters only, and not on lecture material. Quizzes will be available online for 6 days (typically from Wednesday evening after lectures to Tuesday evenings prior to lectures), and will consist of 5 questions to be completed in 5 minutes. Although students may refer to their textbook to answer questions, students are encouraged to review textbook material beforehand so as to be able to answer questions correctly in the time allotted.

Students who fail to complete a quiz will be given a mark of 0%. Students are given 6 days to complete each quiz, and so if a quiz is missed due to illness, browser or computer problems, or other extenuating circumstances, there will be no opportunity to complete the quiz at a later time. However, only the top 10 of 12 quizzes count towards the total quiz mark of 10%. Therefore, students may miss or skip up to two quizzes and not be penalized, as their lowest two quiz marks will not count towards their final grade. Students who complete all 12 quizzes, will have their lowest two marks dropped from their final grade.

Students are responsible for completing the Practice quiz by January 10th at 11:59 PM. Although this quiz will not count towards your grade, it is essential that students familiarize themselves with the format of the Moodle quizzing tool and ensure that any problems relating to connectivity, browser set up, etc., are resolved before Quiz 1.

Instructions for completing Quizzes

- 1. Login to your Moodle account at https://moodle.info.yorku.ca/
- 2. Select the assigned quiz.
- 3. Click "save without submitting" after each question.
- 4. Click "submit all and finish" when finished the quiz.

Important tips when completing Moodle quizzes

- The timer may run overtop the questions, so open a big enough window in order to clearly view the questions.
- Leaving the quiz does not stop the timer!
- Make sure that your browser is set to the recommended browser settings. For more information on browser settings, see: http://moodle.yorku.ca/students/
- Please be sure to allow enough time to complete each quiz. If you leave a quiz that has already started, you will not be able to log in at a later time to complete it.

Tests and Final Exam:

The format of the two tests and the final exam will be multiple-choice. You are required to write all tests and the exam on the scheduled dates. Special tests will be granted only on religious, medical, or compassionate grounds with supporting documentation provided before or within 48 hours of the test date.

Approximately one-third of the test questions will be based on material that was covered in both lectures and text readings. Approximately one-third of the test questions will be based on material that was only covered in the lectures and approximately one-third of the test questions will be based on material that was only covered in the text readings. Generally, the more something was discussed in class, or the more prominent it was in the readings, the more likely it is to appear on the tests.

In Class Group Assignments:

There will be three in-class group assignments. Groups will consist of 4 to 5 students. Each In Class Assignment (ICA) is worth 2%, for a total of 6% of your final grade. Students will be expected to hand in one piece of written work per each group and it will be submitted at the end of the class. These activities will provide students with an opportunity to evaluate their learning, formulate thoughts and present their ideas to fellow students. In-class assignments will be based on attendance and quality of written work submitted.

Dates: ICA #1: January 22, 2020; ICA #2: February 12, 2020; ICA #3: March 25, 2020

Class participation:

As part of our classroom learning, we will be reviewing case studies and engaging in other experiential education. Specifically, to enhance student participation in the learning process, we will be using iClicker which will allow us to 'poll the class.' All students can earn up to 2% 'bonus' marks, based on 'clicker' in-class participation. For more information about using your clicker in class, check the iclicker REEF website: https://student.computing.yorku.ca/technology-used-in-courses/polling-student/

IMPORTANT INFORMATION FOR STUDENTS

Missed Tests/Midterm Exams/Late Assignments:

For any missed tests, midterm exam or late assignments, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office: HH PSYC: Missed Tests/Exams Form. Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed tests, midterm exam or late assignments.

POLICY REGARDING ILLNESS

Students may request to reschedule a test or to extend a deadline <u>only</u> if they have legitimate medical, religious, or compassionate reasons. However, it is the student's responsibility to:

- inform the instructor of their situation prior to, or on, the test date.
- arrange a timely makeup
- provide acceptable documentation to support a medical, compassionate or religious claim.

Petitions submitted on medical grounds must include a York University *Attending Physician's Statement* form (<u>Attending Physician Statement</u>). This form is to be completed and signed by your physician. The Attending Physician's Statement must give the full name, mailing address and telephone number of the attending physician. Note: The Physician's office may be contacted to verify that the forms were in fact completed by the physician. Only original medical documentation will be accepted.

Tentative Makeup Test Dates:

- 1. Makeup for Test 1: Monday, February 3, 2020, time and location to be announced later
- 2. Makeup for Test 2: Monday, March 2, 2020, time & location to be announced later

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The York University Accessibility Hub is your online stop for accessibility on campus. The Accessibility Hub provides tools, assistance and resources. Please let us know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.

Accommodations Policy Statement: York University shall make reasonable and appropriate accommodations and adaptations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. The nature and extent of accommodations shall be consistent with and supportive of the integrity of the curriculum and of the academic standards of programs or courses.

Provided that students have given sufficient notice about their accommodation needs, instructors shall take reasonable steps to accommodate these needs in a manner consistent with the guidelines established hereunder.

For Further Information please refer to: <u>York university academic accommodation for students with disabilities policy.</u>

Electronic Device Policy

Electronic devices are allowed in class. Please be respectful of other students and make sure all devices are placed on silent mode and that information on your electronic device pertains to the course while in class (e.g., iClicker).

Attendance Policy

Attendance is encouraged but not mandatory. Lectures are designed to provide clarification of particular topics and/or to supply you with additional material including clinical examples to extend your understanding of certain topics. They are not designed to cover all the material presented in the textbook. If you do not attend a lecture(s), regardless of the reason, you are responsible for all information that has been presented during class. The course director will not provide completed class slides or any type of class notes due to missed classes regardless of the reason for missing class.

POLICY REGARDING PLAGIARISM & ACADEMIC DISHONESTY

Students are responsible for understanding the nature of, and avoiding the occurrence of, plagiarism and other academic offenses. York University takes academic integrity very seriously; please familiarize yourself with <u>Information about the Senate Policy on Academic Honesty.</u> It is recommended that you review Academic Integrity information <u>SPARK Academic Integrity modules</u>. These modules explain principles of academic honesty.

Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it was submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. If you are in doubt about whether what you are doing is inappropriate, consult your instructor or TA. A claim that "you didn't know it was wrong" will not be accepted as an excuse.

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt

to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

Electronic Devices During a Test/Examination

Electronic mobile devices of any kind are not allowed during a test or examination. Students are required to turn off and secure any electronic mobile device in their bag which is to be placed under the chair while a test/exam is in progress. Any student observed with an electronic device during a test/exam may be reported to the Undergraduate Office for a potential breach of Academic Honesty.

Course Materials Copyright Information

These course materials are designed for use as part of the Psyc 3140O course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. Intellectual Property Rights Statement.

LETTER GRADE DESCRIPTIONS

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+=9, A=8, B+=7, C+=5, etc.). Assignments and tests will bear either a letter grade designation or a corresponding number grade (e.g. A+=90 to 100, A=80 to 89, B+=75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar - Grading Scheme for 2019-20

LECTURE SCHEDULE

Date	Topic	Chapter	Quiz
Jan 8	Overview Abnormality, Paradigms	1, 2	Practice Quiz Due Jan 10, 11:59 PM
Jan 15	Diagnosis-Classification	3	Quiz 1: Ch. 1, 2 Due Jan 14, 11:59 PM
Jan 22	Clinical Assessment In-class group assignment	3	Quiz 2: Ch. 3 Due Jan 21, 11:59 PM
Jan 29	Test Stress-Burnout	9	Quiz 3: Ch. 9 Due Feb 18, 11:59 PM
Feb 5	Somatic Disorders/Obsessive Compulsive/ Anxiety Disorders	5,6,7	Quiz 4: Ch. 5 Due Feb 4, 11:59 PM
Feb 12	Mood Disorders/Eating Disorders In class group assignment	8, 10	Quiz 5: Ch. 6 Due Feb 11, 11:59 PM
Feb 19	Reading Week – no class		Quiz 6: Ch. 8 Due Feb 25, 11:59 PM
Feb 26	Test Schizophrenia	11	Quiz 7: Ch. 10 Due Mar 3, 11:59 PM
Mar 4	Schizophrenia (cont)	11	Quiz 8: Ch. 11 Due Mar 10, 11:59 PM
Mar 11	Personality Disorders/Substance Use	13, 12	Quiz 9 : Ch. 13 Due Mar 17, 11:59 PM
Mar 13	Last date to drop the course without receiving a grade		
Mar 18	Child Psychopathology	15	Quiz 10 : Ch. 12 Due Mar 24, 11:59 PM
Mar 25	Paradigms Revisited and Interventions In class group assignment	2, 17	Quiz 11 : Ch. 15 Due Mar 31, 11:59 PM
Apr 1	Psychopathology Research and Review – Wrap-up	4	Quiz 12 : Ch. 17 Due Apr 4, 11:59 PM
Apr 7 - 25	Final exam period (There will be a final exam in this course)		