# York-Seneca Rehabilitation Services Certificate Program

Information Session
Wednesday, January 24<sup>th</sup>, 2018



### Agenda

- Welcome
- Introductions
  - Barbara Pimenoff, Program Coordinator, YSR
     Program, Seneca College
  - Dr. Jill Rich, YSR Coordinator, York University
- Information about the Program
- Speakers
- Question Period



### YSR Program

- Only one of its kind in Canada (Founded in 1981)
- Offered as a joint program between Seneca College and York University
  - Seneca courses offered at the Seneca@YorkCampus



# What do Rehabilitation Professionals Do?

- Assist people with physical, emotional, cognitive and/or developmental disabilities to help them:
  - Reach an optimal level of functioning
  - Develop independence
  - Improve quality of life



# Why YSR?

- It allows you to combine your BA and BSc knowledge with practical field experience
- Get necessary training to be part of a professional association (like the VRA-Vocational Rehabilitation Association)
- Work collaboratively with health care and vocational professionals
- We have a high post-graduate employment rate (approximately 90%)



### YSR Program Structure

- If you are completing a BA/BSc:
  - BA/BSc + YSR Courses = 4 years
- If you are completing an Hons. BA/BSc:
  - Hons. BA/BSc + YSR Courses = 5 years



### Program Structure

- First Year of YSR Program :
  - Equivalent of 3 Full-Year YORK courses
  - Equivalent of 2 Full-Year SENECA courses
  - Fieldwork (400 hours)
- Second Year of YSR Program:
  - Equivalent of 2 Full-Year YORK courses
  - Equivalent of 3 Full-Year SENECA courses
  - Fieldwork (400 hours)



### Required Courses- Year 1 of YSR

### **SENECA**

- Intro to Rehabilitation (1st term)
- Community Resources (1<sup>st</sup> term)
- Physical Disabilities I (2<sup>nd</sup> term)
- Rehabilitation Counselling (2<sup>nd</sup> term)
- Fieldwork (400 hours spread over both terms)

### **YORK**

- Personality (PSYC 2130 3.0)
- Abnormal Psychology (PSYC 3140 3.0)
- Motivation (PSYC 2230 3.0)
- Behaviour in Groups (PSYC 3430 3.0)
- Sociology of Health (SOCI 3820 6.0)



### Required Courses-Year 2 of YSR

### **SENECA**

- Assessment Approaches in Rehab (1st term)
- The Rehabilitation Process (1<sup>st</sup> term)
- Physical Disabilities II (1<sup>st</sup> term)
- Canadian Social Policy (2<sup>nd</sup> term)
- Life Skills Coaching (2<sup>nd</sup> term)
- Ethics and Professionalism (2<sup>nd</sup> term)
- Fieldwork (400 hours spread over both terms)

### **YORK**

- Behaviour Modification & Behaviour Therapy (PSYC 4030 6.0)
- Counselling Psychology (PSYC 4060 6.0)



### **Entry Requirements**

 Completed 60 credits (10 full-year courses) including PSYC 1010 6.0 towards a BA/BSc degree or

### OR

 Completed 90 credits (15 full-year courses) including PSYC 1010 6.0 towards an Honours BA/BSc degree.



### **Application Process**

- Application form (Available on the York website):
  - Academic background and courses
  - Highlight your volunteer and/or work history (rehabilitation-related experience is an asset)
  - Understanding of rehabilitation field (through a written statement)
- Official Transcript
- Two references who can comment on your ability and suitability in the rehabilitation field (through a referee report)
- Email application to Sabrina Iantorno, York Program Secretary (ysrehab@yorku.ca)



### Field Placements

Rebecca Jasper (Placement Coordinator, YSR program)



### Overview of Placement

- Total of 800 hours over the 2 years of the program (200 hours per semester)
- First year: Two different placements for the year (one per semester)
- Second year: Choice of either 1 (400 hours) or
   2 (200 hours each) placements for the year
- Placement runs during the regular Fall and Winter semesters (September – end of April)



### Overview of Placement

- Requirement is to gain experience with each of the following populations:
  - Physical disabilities
  - Emotional / psychological disabilities
  - Developmental / Intellectual / Cognitive disabilities
- Will be evaluated in each of the following areas at least once over the 2 years (case management, assessment, counselling, individual and group planning, vocational placement, and general work performance)



### Overview of Placement

- Student's responsibility to secure placement (agency list provided for pre-approved placements to assist in search)
- Placement opportunities are diverse within the rehabilitation field
- At student and supervisor's discretion to schedule placement days
  - Students typically attend placement 2 days per week for full days
- Many agencies hire for summer positions and/or graduates of the program – placement can turn into employment!



### **Guest Speakers**

- Martine Oliveira (YSR graduate and instructor, AGS Rehab Solutions)
- Deborah Bluestein (YSR graduate, Surrey Place)
- Karina Midence (recent YSR graduate)



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### Dates to Remember

- Applications are due March 12, 2018
- Offers are made in mid-April
- Orientation session for those who are selected for the YSR program (May 1, 2018)



### **Contact Information**

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# Questions?

