

Faculty of Health
Department of Psychology
PSYC 4190 3.0 Section M: SEMINAR IN HEALTH PSYCHOLOGY
Wednesday 7-10pm in VH 2005
Winter 2018

Instructor and T.A. Information

Instructor: P. Charlton, Ph.D.

Office: 258 BSB

Office Hours: Wednesdays 6-7pm

Email: paulinec@yorku.ca

Course Prerequisite(s): Course prerequisites are strictly enforced

- HH/PSYC 1010 6.00 (Introduction to Psychology), with a minimum grade of C.
- HH/PSYC 2021 3.00 (Statistical Methods I) or HH/PSYC 2020 6.00 (Statistical Methods I and II)
- HH/PSYC 2030 3.00 (Introduction to Research Methods) or substitutes
- HH/PSYC 3170 3.00 (Health Psychology)
- Students must be in an Honours program in Psychology and have completed at least 84 credits (excluding (EDUC) education courses)

Course Credit Exclusions

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

Course website: [Moodle](#)

Course Description

The purpose of this course is to provide students with an opportunity to examine in depth current publications in health psychology in a seminar format. The topics will focus on recent and future research trends on health issues in the Canadian and world health context. This course encourages students to ask critical questions and solve problems using creative and innovative thinking.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Demonstrate in-depth knowledge in health psychology.
2. Critically evaluate, synthesize and resolve conflicting results in health psychology.
3. Articulate trends in health psychology.
4. Locate research articles and show critical thinking about research findings in health psychology.
5. Express knowledge of health psychology in written form.
6. Engage in evidence-based dialogue with course director and peers.
7. Demonstrate an ability to work with others.

Specific Learning Objectives

The specific learning objective is to provide the most up-to-date knowledge of research directions in health psychology.

Required Reading

Students have access to the course website in Moodle which a number of reading material will be posted every week for each lecture. Each weekly meeting will consist of a combination of assigned reading, discussions and presentations. Class attendance is mandatory and will be reflected in participation marks.

Course Requirements and Assessment:

	Description of Assignment	Weighting
Assessment 1	A total of nine maximum 2 page typed informal discussion papers are due after each lecture to summarize your reaction and insight to that presentation topic. The assignment is due in the next class. Late assignment will not be accepted.	35%
Assessment 2	A 5-10 page research paper due march 21 st Student choose a topic which is related to lectures 1-9. The topic can be the same as their presentation.	40%
Assessment 3	Student presentation Each student may choose one related lecture topic for a 10 minutes presentation	20%
Participation	Attendance and participation in class	5%
<hr/>		
Total		100%

Date of Assignments

Assignment 1	Due the date of the next lecture
Assignment 2	March 21 st , 2018
Assignment 3	March 28 th -April 4 th , 2018
Participation	All term

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - [Grading Scheme for 2017-18](#))

Late Work/Missed Tests or Exams

Students with a documented reason for missing a course assignment, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (Attending Physician Statement which can be found at:

<http://myacademicrecord.students.yorku.ca/pdf/attending-physicians-statement.pdf> may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

Important New Information Regarding Missed Tests

For any missed tests or late assignments, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office.

[HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the test/assignment.

Add/Drop Deadlines

For a list of all important dates please refer to: [Fall/Winter 2017-18 - Important Dates](#)

	FALL (F)	YEAR (Y)	WINTER (W)
Last date to add a course without permission of instructor (also see Financial Deadlines)	Sept. 20	Sept. 20	Jan. 17
Last date to add a course with permission of instructor (also see Financial Deadlines)	Oct. 4	Oct. 18	Jan. 31
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 10	Feb. 9	March 9
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 11 - Dec. 4	Feb. 10 - Apr. 6	March 10 - Apr. 6

***Note:** You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as "W". The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Information on Plagiarism Detection

Electronic software such as Turnitin may be used to detect plagiarism.

Electronic Device Policy

York University prohibits theft of intellectual property by a student, which includes recording a course director's lecture without their permission or taking lecture material provided for a student online, modifying it, and/or using it for a student's own personal use or gain. The material provided by a course director is only to be used for a student's personal study when they take the course for which it was created. Use in any other way could result, at the minimum, in sanctions in accordance with the York's Student Code of Conduct and, at the maximum, will be breaking federal, provincial or municipal laws and will be acted on accordingly.

Attendance Policy

See participation section under assessment.

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#).

Electronic Devices During a Test/Examination

Electronic mobile devices of any kind are not allowed during a test or examination. Students are required to turn off and secure any electronic mobile device in their bag which is to be placed under the chair while a test/exam is in progress. Any student observed with an electronic device during a test/exam may be reported to the Undergraduate Office for a potential breach of Academic Honesty.

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The [York University Accessibility Hub](#) is your online stop for accessibility on campus. The [Accessibility Hub](#) provides tools, assistance and resources. Policy Statement.

Policy: York University shall make reasonable and appropriate accommodations and adaptations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs.

The nature and extent of accommodations shall be consistent with and supportive of the integrity of the curriculum and of the academic standards of programs or courses. Provided that students have given sufficient notice about their accommodation needs, instructors shall take reasonable steps to accommodate these needs in a manner consistent with the guidelines established hereunder.

For Further Information please refer to: [York university academic accommodation for students with disabilities policy](#).

COURSE SCHEDULE

DATE	LECTURE TOPICS
Jan. 10	Health Psychology in the Canadian Context
Jan. 17	Stress or Positive Psychology
Jan. 24	Health Promotion and Disease Prevention_Neuropsychoimmunology
Jan. 31	Health Behavior_Brain Food
Feb. 7	Virus and CNS diseases
Feb. 14	Health Promotion and Disease Prevention _Environment and diseases
	<i>Reading Days (Feb. 17-23)</i>
Feb. 28	Canadian Health System in the World health Context
Mar. 7	Psychopharmacology for the brain
Mar. 9	<i>Last Day to drop course without receiving a grade</i>
Mar. 14	Health Psychology and future trends
Mar. 21	<i>Research Paper Due (40%), Student Presentations</i>
Nov. 28	<i>Student Presentations (20%)</i>
Apr. 4	<i>Student Presentations</i>

Happy Holidays!!