

Faculty of Health
Department of Psychology
PSYC 1010 6.0 B: INTRODUCTION TO PSYCHOLOGY
Tues & Thurs / 11:30 am -1:00 pm / CLH-I
Fall/Winter (Y Term) 2018-19

Instructor Information

Instructor: Dr. Myriam Mongrain
Office: BSB 132
Office Phone: 416-736-5115 Ext. 66193
Office Hours: By appointment
Email: mongrain@yorku.ca

T.A. Information

Holly Clayton	Jaegar Lam	Justine Ledochowski	Sara Pishdadian	Christina Van Den Brink
hollis@yorku.ca	jaegerl@yorku.ca	jledoch@yorku.ca	sarapish@yorku.ca	cvdbrink@yorku.ca

T.A. Coordinator: Hannah Gennis hgennis@yorku.ca

When contacting your professor or a TA, please include “PSYC 1010” in the subject line of your email as well as your registered full name and student number in the message.

Course Prerequisite(s): None

Course Credit Exclusions

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

Course website: [Moodle](#)

Course Description

In this course, we discuss findings in psychology as the methods that psychologists use to unravel the mysteries of human behaviour. Topics include the biological bases of behaviour, learning, memory, perception, intelligence, motivation and emotion, development across the lifespan, personality, health psychology, psychological disorders and psychotherapy.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Define psychology and explain how it meets the criteria of science.
2. Recognize key concepts, methods, theories and assumptions in psychology.
3. Describe basic characteristics of the scientific method in psychology.
4. Discern differences between personal views and scientific evidence.

Specific Learning Objectives

Students will be able to understand and explain human behaviour from biological, evolutionary, learning, developmental and sociocultural perspectives.

Required Text

Weiten & McCann (2019). Psychology: Themes and Variations, 5th Canadian Edition. Library kit includes concept charts, and mind tap (online study tool).

Course Requirements and Assessment:

Assessment	Date of Evaluation (if known)	Weighting
Midterm 1	October 16 and 18	20%
Midterm 2	November 27 and 29	20%
Midterm 3	February 26 and 28	25%
Final Exam	TBD Final Exam Period April 5-20	31%
Research Participation (URPP)	Half credits each semester	4%
In Class Polling (Bonus)	All year round	5%
Total		105%

Description of Assignments

Midterms and Final Exam:

- 80% multiple choice; 20% short answers
- The first three tests are non-cumulative
- A small proportion (10%) of the Final Exam will include lecture material covered between January 3 and February 14, 2019.

Research Participation:

- Organised by URPP (Contact – urpp@yorku.ca)
- 4% of your grade comes from your participation in the URPP (Undergraduate Research Participant Program).
- Note: If you miss a research appointment, credits will be deducted and you will have to do extra hours to compensate for reduced credits to earn the full 2% each term.
- For more details check their website.
<http://psyc.info.yorku.ca/research/undergraduate-research-participant-pool/>

In Class Participation:

- Bring an electronic device that can connect to Internet (WiFi available) to participate in live polls during lectures
- Complete in class polling questions over the course of the year to earn 5% bonus points.

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - [Grading Scheme for 2018-19](#))

Late Work/Missed Tests or Exams

Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (Attending Physician Statement which can be found at:

<http://myacademicrecord.students.yorku.ca/pdf/attending-physicians-statement.pdf>)

may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

Important New Information Regarding Missed Tests

For any missed tests or late assignments, students **MUST** complete the following online form which will be received and reviewed in the Psychology undergraduate office.

[HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the test/assignment.

Add/Drop Deadlines

For a list of all important dates please refer to: [Fall/Winter 2018-19 - Important Dates](#)

	FALL (F)	YEAR (Y)	WINTER (W)
Last date to add a course without permission of instructor (also see Financial Deadlines)	Sept. 18	Sept. 18	Jan. 16
Last date to add a course with permission of instructor (also see Financial Deadlines)	Oct. 2	Oct. 23	Jan. 30
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 9	Feb. 8	March 8
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 10 - Dec. 4	Feb. 9 - Apr. 3	March 9 - Apr. 3

***Note:** You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as "W". The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Electronic Device Policy

Electronic devices are not allowed except during in-class polling.

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity information [SPARK Academic Integrity modules](#). These modules explain principles of academic honesty.

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

Electronic Devices During a Test/Examination

Electronic mobile devices of any kind are not allowed during a test or examination. Students are required to turn off and secure any electronic mobile device in their bag which is to be placed under the chair while a test/exam is in progress. Any student observed with an electronic device during a test/exam may be reported to the Undergraduate Office for a potential breach of Academic Honesty.

Students with Disabilities: York University shall make reasonable and appropriate accommodations and adaptations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. The nature and extent of accommodations shall be consistent with and supportive of the integrity of the curriculum and of the academic standards of programs or courses.

For Further Information please refer to: [York university academic accommodation for students with disabilities policy](#).

Course Materials Copyright Information

These course materials are designed for use as part of the HH/PSYC 1010 6.0 B & G course at York University and are the property of the instructor unless otherwise stated.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

Course Schedule

FALL TERM 2018

LECTURE TOPICS AND REQUIRED READINGS

<u>Date</u>	<u>Topic</u>	<u>Chapter in Textbook</u>
September 6	Introduction	Ch. 1
September 11 & 13	Domain of Psychology Research Methods	Ch. 1 & 2
September 18 & 20	Biological Basis of Behaviour	Ch. 3
September 25 & 27	Perception	Ch. 4
October 2 & 4	Dreams	Ch. 5
October 9 & 11	Reading Week	No Class!
October 16 & 18	Midterm 1	Chapters 1, 2, 3, 4
October 23 & 25	Hypnosis and Drugs	Ch. 5
October 30 & November 1	Learning	Ch. 6
November 6 & 8	Memory	Ch. 7
November 13 & 15	Thinking	Ch. 8
November 20 & 22	Intelligence	Ch. 9
November 27 & 29	Midterm 2	Chapters 5, 6, 7, 8, 9

End of 2018 requirements in this class.

Winter classes start January 3rd, 2019

WINTER TERM 2018

LECTURE TOPICS AND REQUIRED READINGS

<u>Date</u>	<u>Topic</u>	<u>Chapter in Textbook</u>
January 3 & 8	Motivation	Ch. 10
January 10 & 15	Emotion	Ch. 10
January 17 & 22	Child Development	Ch. 11
January 24 & 29	Adolescence and Adulthood	Ch. 11
January 31 February 5	Personality	Ch. 12
February 7 & 12 & 14	Stress & Health	Ch. 14
February 19 & 21	Reading Week	No Classes
February 26 & 28	Midterm 3	Chapters 10, 11, 12, 14
March 5 & 7	Social Influences on Behaviour	Ch. 13
March 12 & 14	Social Interaction	Ch. 13
March 19 & 21	Psychological Disorders Part 1	Ch. 15
March 26 & 28	Psychological Disorders Part 2	Ch. 15
April 2	Treatment of Psychological Disorders	Ch. 16
TBD Final Exam Period (April 5-20)	Final Exam	Chapters 13, 15, 16

Final Exam: 90% of questions are non-cumulative (CH. 13-15) and 10% of questions are from lectures only in first half of the winter term (January 3 to February 14, 2019).