Who Am I? Self Assessment Game

Create your Career Profile to help guide you in your career exploration.

Identify your:
- Skills
  - Hard Skills such as editing
  - Essential Skills such as team work
- Abilities
- Interests
- Desires
Career Exploration Websites

- **Career Cruising** [www.careercruising.com](http://www.careercruising.com)
  Username: *yorku* Password: *careers*
- **Eluta** [http://www.eluta.ca/](http://www.eluta.ca/)
- **Talent Egg** [www.talentegg.ca](http://www.talentegg.ca)
- **Career Edge** [www.careeredge.ca](http://www.careeredge.ca)
- **Career Tool, Select a Program - Job Bank**

Career Exploration Websites (Continued)

- **Glass Door** [https://www.glassdoor.ca/index.htm](https://www.glassdoor.ca/index.htm)
- **Canadian Psychology Association, Planning a Career in Psychology** [http://www.cpa.ca/](http://www.cpa.ca/)
- **Charity Village** [http://charityvillage.com/](http://charityvillage.com/)
- **Community Mental Health Careers**
  [http://www.workinginmentalhealth.ca/forms/listJobs.aspx](http://www.workinginmentalhealth.ca/forms/listJobs.aspx)
- **Career Centre** [www.careers.yorku.ca](http://www.careers.yorku.ca)
Career Conversations Series

- Discovering Careers in Psychology
- Alternative Career Options in Health Care
- Discovering Careers in Non-Profit, Charitable and Non-Governmental Organizations
- Discovering Careers in Human Resource Management
- Discovering Careers in Community Health & Social Services
- Discovering Careers in Communications & Public Relations

https://www.youtube.com/user/yorkucareercentre/videos
Career Exploration

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