# Faculty of Health Department of Psychology PSYC 1010 6.0 Section B INTRODUCTION TO PSYCHOLOGY

TR 11:30am - 1:00pm CLH L

# Fall/Winter 2016-17

# **Instructor and T.A. Information:**

Instructor: Dr. Myriam Mongrain

Office: BSB 132

Office Phone: 416-736-5115 Ext. 66193

Office Hours: By appointment Email: mongrain@yorku.ca

T.A.	Hannah Gennis	Saeid Chavoshi	Adam Blake	Natalie Ferreira	Lauren Campbell
Email	hgennis@yorku.ca	chavoshi@yorku.ca	blake55@yorku.ca	ndf@yorku.ca	lc15@yorku.ca

TA coordinator: Justeena Azaki-Azat justeena@yorku.ca

When contacting your professor or a TA, please include "PSYC 1010" in the subject line of your email as well as your registered full name and student number in the message.

Course Prerequisite(s): None

**Course Website: Moodle** 

## **Course Description:**

We discuss findings in psychology as the methods that psychologists use to unravel the mysteries of human behaviour. Topics include the biological bases of behaviour, learning, memory, perception, intelligence, motivation and emotion, development across the lifespan, personality, health psychology, psychological disorders and psychotherapy.

## **Learning Outcomes:**

Upon completion of this course, students should be able to:

- 1. Define psychology and explain how it meets the criteria of science.
- 2. Recognize key concepts, methods, theories and assumptions in psychology.
- 3. Describe basic characteristics of the scientific method in psychology.
- 4. Discern differences between personal views and scientific evidence.

## **Specific Learning Objectives**

Students will be able to understand and explain human behaviour from biological, evolutionary, learning, developmental and sociocultural perspectives. Furthermore, they will be able to integrate these perspectives and appreciate how heredity, environment, body and mind interact to shape human behavior.

#### **Required Text:**

Weiten & McCann (2015). Psychology: Themes and Variations, 4th Canadian Edition. Library kit includes concept charts, study aids, online help. **ISBN 0176739947** 

# **Course Requirements and Assessments:**

Assessment	Date of Evaluation	Weighting
Midterm 1	October 4 and/or October 6	20%
Midterm 2	November 29 and/or December 1	20%
Midterm 3	February 14 and/or February 16	25%
Final Exam	TBD Final Exam Period April 7-24	31%
Research Participation	All year round	4%
In Class Participation	All year round	Bonus 4%
Total		100%

# **Description of Assignments:**

#### Midterms and Final Exam:

- 80% multiple choice; 20% short answers
- The first three tests are non-cumulative
- A small proportion (10%) of the Final Exam will include only lecture material covered between January 5<sup>th</sup> and February 16<sup>th</sup> 2017 (Midterm 3 material)

#### Research Participation:

- Organised by URPP (Contact <a href="mailto:urpp@yorku.ca">urpp@yorku.ca</a>)
- <u>4%</u> of your grade comes from your participation in the URPP (Undergraduate Research Participant Program). To earn the 4% you must participate in 3 hours of research in the Fall term (for 2%) and 3 hours of research in the winter term (for 2%).
- Note: If you miss a research appointment, credits will be deducted and you will have to do extra hours to compensate for reduced credits to earn the full 2% each term.
- For more details check their website: <a href="http://psyc.info.yorku.ca/undergraduate-research-participant-pool/urpp-student-handout/">http://psyc.info.yorku.ca/undergraduate-research-participant-pool/urpp-student-handout/</a>

#### In Class Participation:

- Bring an electronic device that can connect to Internet (WiFi available) to participate in live polls during lectures
- Complete 75% of in-class polling questions over the course of the year to earn an extra 4%

## **Grading as per Senate Policy**

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A + = 9, A = 8, B + - 7, C + = 5, etc.). Midterms will bear either a letter grade designation or a corresponding number grade (e.g. A + = 90 to 100, A = 80 to 90, B + = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - <u>calendars.students.yorku.ca/2016-2017/academic-and-financial-information/academic-services/grades-and-grading-schemes</u>)

# **Late Work/Missed Tests or Exams:**

**Students will have 1 make-up opportunity** if they miss a midterm (including both tests for each midterm). Reasons for missing a test, such as illness, accident, mandatory travel must be onfirmed by supporting documentation (e.g. Psychologist, Counselor or an Attending Physician Statement: <a href="http://registrar.yorku.ca/pdf/attending-physicians-statement.pdf">http://registrar.yorku.ca/pdf/attending-physicians-statement.pdf</a>). For further extensions or accommodation students will have to submit a formal petition to the Faculty.

#### Instructions to follow:

- 1. If you cannot write at BOTH tests of midterm week, you must **contact** your TA coordinator (<u>mailto:justeena@yorku.ca</u>) within 48 hours of the test.
- 2. **Appropriate documentation** must be provided at the time of the make-up exams. Failure to provide appropriate documentation may result in a grade of F on the missed test.
- 3. **One make-up opportunity** will be provided, at the discretion of your TA. It is your responsibility to check with XXX as to the date/time of the make-up. A conflict in another course during the time of the make-up is not an acceptable reason for missing the make-up (unless there is an examination in the other course at that time). Missed make-ups must be supported by appropriate documentation, same as for missed exams.

# Add/Drop Deadlines:

For a list of all important dates please refer to: <u>Important Dates</u>

Important dates	Fall (F)	Year (Y)	Winter (W)
Last date to add a course without permission of	Sept. 21	Sept. 21	Jan. 18
instructor (also see Financial Deadlines)	эсра 21	3cpt. 21	Jan. 10
Last date to add a course with permission of	Oct 5	Oat 10	Feb. 1
instructor (also see Financial Deadlines)	0ct. 5	Oct. 19	reb. 1
Last date to drop a course without receiving a grade	Nov. 11	Feb. 10	March 10
(also see Financial Deadlines)	NOV. 11	reb. 10	Mai Cii 10
Course Withdrawal Period (withdraw from a course	Nov. 12 -	Feb. 11 -	March 11 -
and receive a "W" on the transcript)	Dec. 5	Apr. 5	Apr. 5

#### **Electronic Device Policy:**

Electronic devices are encouraged during class time to participate in live online polls only. Extracurricular engagement with your devices will be strongly discouraged. (No texting.)

#### **Academic Integrity for Students:**

York university takes academic integrity very seriously, please visit an overview of Academic Integrity at York University from the Office of the Vice-President Academic.

The following links will assist you in gaining a better understanding of academic integrity and point you to resources at York that can help you improve your writing and research skills:

- Information about the Senate Policy on Academic Honesty
- Online Tutorial on Academic Integrity
- Information for Students on Text-Matching Software: Turnitin.com

- Beware! Says who? A pamphlet on how to avoid plagiarism
- Resources for students to help improve their writing and research skill

#### **Test Banks:**

The use of test banks is not permitted in this course and may be considered a potential breach of academic honesty. This includes but is not limited too; buying or selling test banks.

# **Electronic Devices During a Test/Examination:**

Electronic mobile devices of any kind are not allowed during a test or examination. Students are required to turn off and secure any electronic mobile device in their bag which is to be placed under the chair while a test/exam is in progress. Any student observed with an electronic devise during a test/exam may be reported to the Undergraduate Office for a potential breach of Academic Honesty.

#### Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The <u>York University Accessibility Hub</u> is your online stop for accessibility on campus. The <u>Accessibility Hub</u> provides tools, assistance and resources. Policy Statement

**Policy**: York University shall make reasonable and appropriate accommodations and adaptations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs.

The nature and extent of accommodations shall be consistent with and supportive of the integrity of the curriculum and of the academic standards of programs or courses.

Provided that students have given sufficient notice about their accommodation needs, instructors shall take reasonable steps to accommodate these needs in a manner consistent with the guidelines established hereunder.

For Further Information please refer to: York university academic accommodation for students with disabilities policy

## **Course Materials Copyright Information:**

These course materials are designed for use as part of the HH/PSYC 1010 6.0B course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. <u>Intellectual Property Rights Statement</u>

# **Course Schedule:**

# FALL TERM 2016

# LECTURE TOPICS AND REQUIRED READINGS

<b>Date</b> September 8	<b>Topic</b> Introduction	Chapter in Textbook Ch. 1
September 13 & 15	Domain of Psychology Research Methods	Ch. 1 & 2 http://www.yorku.ca/spark/
September 20 & 22	Biological Basis of Behaviour	Ch. 3
September 27 & 29	Perception	Ch. 4
October 4 & 6	Midterm 1	Chapters 1, 2, 3, 4
October 11 & 13	Dreams	Ch. 5
October 18 & 20	Hypnosis and Drugs	Ch. 5
October 25	TA Tutorial	N/A
October 27	Co-curricular Day	No Classes
November 1 & 3	Learning	Ch. 6
November 8 & 10	Memory	Ch. 7
November 15 & 17	Thinking	Ch. 8
November 22 & 24	Intelligence	Ch. 9
November 29 & December 1	Midterm 2	Chapters 5, 6, 7, 8, 9

Fall classes end December 5th, 2016

Winter classes start January 5th 2017

# WINTER TERM 2017

# LECTURE TOPICS AND REQUIRED READINGS

<u><b>Date</b></u> January 5	Topic Motivation	Chapter in Textbook Ch. 10
January 10 & 12	Emotion	Ch. 10
January 17 & 19	Child Development	Ch. 11
January 24 & 26	Adolescence and Adulthood	Ch. 11
January 31 & February 2	Personality	Ch. 12
February 7 & 9	Stress & Health	Ch. 14
February 14 & 16	Midterm 3	Chapters 10, 11, 12, 14
February 21 & 23	Reading Week	No Classes
February 28 & March 2	Social Influences on Behaviour	Ch. 13
March 7 & 9	Social Interaction	Ch. 13
March 14 & 16	Psychological Disorders Part 1	Ch. 15
March 21 & 23	Psychological Disorders Part 2	Ch. 15
March 28 & 30	Treatment of Psychological Disorders	Ch. 16
April 4	Final Exam Review Session	Ch. 13, 15, 16
TBD Final Exam Period (April 7-24)	Final Exam	Chapters 13, 15, 16

Final Exam: 90% of questions are non-cumulative (since 3rd midterm) and 10% of questions are from lectures in first half of the winter term (January 5th to February 16th 2017)