Course: HH/SC PSYC 3490 3.0 A – Adult Development and Aging  
Course Webpage: moodle.yorku.ca  
Time and Location: Lectures Thursday 8:30 – 11:30  
Location: VH C

Email etiquette: Always put PSYC3490A in Subject header, include your full name and student number in the body of the message. If emails are sent during my office hours I will endeavour to reply within the office hour, otherwise Monday through Friday I will endeavour to reply within 24 hours. Please note any email sent on the weekend may be answered on Monday.

Teaching Assistants: 
Emily Bryntwick  
Julie Wallis

Secretary: Ms. Barbara Thurston  
bthurst@yorku.ca

Prerequisite: PSYC 1010 6.00 or AK/PSYC 2410 6.0 with a minimum grade of C when used as a prerequisite.

Course Credit Exclusion: GL/PSYC 3310 3.00.


Organization of the Course - The course involves formal lectures by the instructor on topics outlined below in the reading schedule. The required readings are central to the course.

Course Learning Objectives
(1) Brief statement of the purpose: This course will survey developmental psychology from emerging adulthood, through midlife and old age. Content will include theoretical and methodological issues, research findings and practical implications taken from a life-span perspective. The purpose of the course is to survey the major theoretical approaches of the area, and to explore the aging process throughout the later lifespan.

(2) Brief list of specific learning objectives of the course: The course deals with biological, cognitive, social and personality changes during adulthood.

(3) Course logistics
Lectures will begin at 8:30. 
Lecture information will be on Moodle. Make sure that you sign up for a Moodle account as soon as possible. http://moodle.yorku.ca

Term test information: the 120-minute in-class term test will begin at 8:30.

Evaluation: The final grade for the course will be based on the following items weighted as indicated:

<table>
<thead>
<tr>
<th>Item</th>
<th>Due Date</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Media and annotated bibliography</td>
<td>due before 9:30 am on Oct 10th</td>
<td>5%</td>
</tr>
<tr>
<td>Midterm</td>
<td>8:30 Oct 24th</td>
<td>40%    (Chapter 1-7)</td>
</tr>
<tr>
<td>Reflection paper</td>
<td>due before 9:30 am on Nov 14th*</td>
<td>15%</td>
</tr>
<tr>
<td>Final</td>
<td>In the exam period (Dec 10-23)</td>
<td>40%    (Chapters 8-13)</td>
</tr>
</tbody>
</table>

To pass the course, you must receive a total course grade of 50% or better.
Academic Honesty: Information on cheating and Plagiarism is available
• At the Senate Policy on Academic Honesty website
• In the Psychology Supplemental Calendar
• There is an academic integrity tutorial and quiz on the York University website – it reviews the Senate Policy on Academic Honesty and provides examples of problems with academic honesty. You can get to this site by clicking on the following link:
  http://www.yorku.ca/tutorial/academic_integrity/

I strongly advocate that you take this tutorial. I take all breaches of academic honesty very seriously and strongly support the Senate policy on such matters. Don’t jeopardize your academic career by engaging in academic dishonesty.

EVALUATION COMPONENTS:
Exams
There is a Midterm exam and a Final exam in this course. The dates on which exams occur in this course are clearly posted both here and on Moodle. The exams are multiple choice in nature and are 2 hours in duration. Both are weighted 40% of your course grade.

When you come to the exam, you must present acceptable photo identification – acceptable identification includes a York University identification card, a government issued card, such as a Health Card or Driver’s Licence or a passport. Please note that there are assigned readings covered on each examination which will not be the topic of a lecture – students are responsible for this textbook material on their own, though I will gladly answer questions on the material in class.

Missing an Exam
First and foremost, read the Psychology Department webpage on missed tests and exams, available at http://www.yorku.ca/health/psyc/advising_missedtests.html

If you have a very serious and fully documented reason for being excused from an exam (e.g., death in the immediate family, formally documented visit to an emergency room or a condition that SERIOUSLY affects your ability to take the exam), you may take a make-up exam in lieu of the exam missed. You must contact me at least one day in advance of the exam and provide documentation in order to be permitted to take a make-up exam. In the case of an emergency, contact me as soon as possible. If you cannot reach me, a message can be left on my voice-mail, which records the date and time of your call. In order to write a deferred examination, you MUST follow the steps outlined below.

If you miss an exam for other reasons or cannot provide documentation, you will receive a grade of zero. If you miss the examination on the deferred midterm examination date for whatever reason, then you will write an exam on the date of the final that covers the whole course (i.e., worth 80% of your course grade). If you miss the deferred final examination for whatever reason, a grade of zero will be recorded for you and you must then petition your home faculty to be permitted to write the final examination. Deferred midterm examinations take place on a single scheduled date that will be determined during the semester. Deferred final examinations take place on a date set in conjunction with the Department of Psychology. More information about deferred examinations will be made available on the course Moodle site.

If you are requesting a deferred examination under the Religious Accommodation Guidelines, please read the following. The italicized material below is taken verbatim from

https://w2prod.sis.yorku.ca/Apps/WebObjects/cdm.woa/wa/regobs

Religious Accommodation Guidelines: Final Examinations

Students who, because of religious commitment cannot write a formally scheduled examination (December and April examination periods) on the date scheduled, should contact the course
instructor no later than three weeks prior to the start of the examination period to arrange an alternative examination date. An Examination Accommodation form is available for this purpose in Student Client Services, Bennett Centre for Student Services.

When arrangements between the student and instructor cannot be made, or if the student does not feel comfortable about approaching the instructor to request a religious accommodation, then the student should contact the associate dean of the Faculty in which the course is offered. Students are required to contact the associate dean not less than 14 days prior to the start of the examination and, if requested to do so, present evidence concerning the religious obligations involved.

The associate dean may consider a number of options to provide an accommodation. The choice will depend on the student’s particular circumstance.

For example the accommodations may include:
(a) Treating the request as a conflict, and accommodating it within the examination period, or
(b) Providing a deferred examination as soon as possible.

Religious Accommodation Guidelines: Other than Final Examinations

Students, who because of religious commitment cannot meet academic obligations, other than formally scheduled examinations (December and April examination period), on certain holy days are responsible for giving their instructor reasonable notice (not less than 14 days), of each conflict.

Solutions may include:
(a) Rescheduling the evaluation, or
(b) Preparing an alternative evaluation for that particular student, or
(c) Recalculating the total evaluation in the course to eliminate the component that has been missed.

When the instructor and student are unable to agree on suitable accommodation, the matter will be referred to the associate dean who may request that the student present evidence concerning the religious obligations involved. The associate dean will convey the decision to the instructor and student.

You may contact the Dean's Office at the Faculty of Health at 416-736-5124.

If you are requesting a deferred examination for medical reasons, please read the following.

► For a missed mid-term examination, you MUST include:

1. a statement by an attending physician which includes the following information:
   (taken verbatim from http://www.yorku.ca/health/psyc/advising_missedtests.html).
   i. full name, mailing address, telephone number of the physician.
   ii. state the nature of the illness and its duration (i.e., specific dates covered), and
   iii. an indication of whether the illness and/or medication prescribed would have SERIOUSLY affected the student’s ability to study and perform over the period in question.

Please always use the Attending Physician’s Statement form available on Moodle - NOTE: the physician's office may be contacted to verify that the forms were completed by the physician.

and

2. a completed Deferred Midterm Request Checklist Form (available on the course Moodle site).

I must sign the Request Form - you must obtain my signature in person during my office hours or at class. DO NOT LEAVE FORMS FOR ME TO SIGN. Once I have
signed your form, you will be informed of the date and time of this examination, which are
determined by the Department.

For a missed final examination, you MUST include:

1. a statement by an attending physician which includes the following information:
   (taken verbatim from http://www.yorku.ca/health/psyc/advising_missedtests.html).
   i. full name, mailing address, telephone number of the physician.
   ii. state the nature of the illness and its duration (i.e., specific dates covered),
       and
   iii. an indication of whether the illness and/or medication prescribed would have 
       SERIOUSLY affected the student’s ability to study and perform over the period 
       in question.

Please always use the Attending Physician’s Statement form available on Moodle -
NOTE: the physician's office may be contacted to verify that the forms were completed by 
the physician.

and

2. a completed Deferred Standing Agreement Form (available from the Registrar’s 

I must sign the Registrar's Office Deferred Standing Agreement Form - you must obtain 
my signature in person during my office hours. The Deferred Standing Agreement 
Form is sent to the Registrar's Office but no grade is submitted for you. Once your 
deferred examination is graded, I submit a grade to the Registrar's Office for you.

There may be non-medical circumstances in which you will be permitted to write a 
defered exam. Tests/exams missed due to non-medical circumstances must be supported 
by appropriate documentation, i.e., death certificates, obituary notice, automobile accident 
reports, airline/bus ticket/receipt for emergency travel (with date of booking on ticket), etc.. 
Airline/train/bus ticket/receipts for emergency travel must indicate destination, departure, and 
return dates. This documentation must accompany the completed Deferred Exam Request 
Checklist Form (available on the course Moodle site) and, if the exam is a final exam, the 
Deferred Standing Agreement form.

Examination dates are in this course syllabus. You know that you will have your mid-term 
exam starts at 8:30 am on October 17th, 2013 and the final exam will take place during the 
Fall exam period (December 10 – 23, 2013), so if you have conflicting personal events 
scheduled, drop the course now.

Be aware that the following are examples of reasons given by students in the past for 
requesting a deferred examination that are NOT considered to be legitimate (this is NOT an 
exhaustive list!).

• weddings
• mild colds
• feeling stressed
• holidays/vacations
• family reunions
• shift work
• coaching sports teams
• not feeling prepared
• having one other examination within 24 
  hours of this one (see Registrar’s Office 
  regulations on examinations)
• not having the course syllabus 
  and not knowing when the exam 
  was scheduled
• studying so hard I made myself dizzy
• not being able to find the 
  examination room
• having to work
• losing my notes/textbook
For more information on deferred standing, see http://www.registrar.yorku.ca/exams/deferred/

Written Assignments

The Annotated bibliography and Reflection paper make up 20% of your course grade. This written component is designed in two parts to make sure that you time manage effectively and produce the best possible final submission in nine weeks. Both the Bibliography and Paper must be submitted in two ways to receive a grade.

(1) You must upload your file to turnitin - there will be a portal thorough our Moodle website so no password will be required.
(2) You must submit a hardcopy to me personally, either during my office hours or in class before 9:30 on the due date. The following penalties apply for late assignment submission - 25% of the grade for the first 24 hours or any part thereof. For each 24 hours (or part thereof) after this, 10% of the grade will be deducted.

NOTE: Either of these assignments may be submitted BEFORE the due date.

A. The Media and annotated bibliography is due in class by 9:30 am on October 10th. (5% of final grade)

Identify something in the real world (e.g., newspaper, television news) that exemplifies some aspect of adult development or aging that has been or will be covered in the course. Reference the media source using APA format.

When identifying your real world example, only use reputable sources (national newspapers like the Globe & Mail and Toronto Star; CBC website). Do NOT use online sources without credible citation sources (e.g., facebook, youtube, etc.).

Also, describe how the real world example is linked to the course (where in the textbook would it fit?).

Write this up as one page personal reflection on why this particular topic caught your attention and why it deserved further investigation.

From that one media source, do an additional literature search (use PsychINFO or Google SCHOLAR) to find 4 peer-reviewed articles from scholarly journals that speak to this issue you find interesting. Include an annotated bibliography of the 4 peer-reviewed articles that you found in relation to this topic (half-page each). This should be two pages in length.

Helpful hints:

Make sure the media source you chose has enough depth/breadth to provide a reasonable start for discussion, you may actually work through two or three initial ideas until you get to a final choice. It is a first step in the process of developing a final Reflection Paper product, so be focused in the aspect of development or aging you choose.

The entire submission will be a maximum of 3 pages, typed, double spaced in a .doc, or .docx format.

B. Reflection paper is due in class by 9 30 am on November 14th. (15% of final grade)

The Reflection paper must be completed in 4 typed, double-spaced pages in a .doc, or .docx format. The intention here is to allow you to build on your initial personal
reflection to tie together in a coherent manner the references you found and write a concise referenced reflection on your topic of interest.

Helpful hints:

- Think critically.
- Make sure your work is readable and your ideas follow a logical path, re-write your work and edit carefully. Have someone else read your work.
- Make sure you are using appropriate APA referencing. Look up the style guide in the manual online. Submit at least 24 hours early to avoid any technological difficulties.
- Enjoy this assignment - this is a chance for you to pick a topic of interest to YOU and to explore it.
- Grading will be based on your organization, clarity, APA format, review of previous work, critical evaluation and overall conclusions and insights that you provide.

Grading: The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ - 7, C+ = 5, etc.). Assignments will bear a numeric grade. (For a full description of York grading system see the York University Undergraduate Calendar http://www.registrar.yorku.ca/calendars/2011-2012/academic/grades/index.htm

Important dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Chapters</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 22nd</td>
<td>Last date to add a course without permission of instructor</td>
<td></td>
</tr>
<tr>
<td>October 3rd</td>
<td>Last date to add a course with permission of instructor</td>
<td></td>
</tr>
<tr>
<td>October 31st</td>
<td>Fall Co-curricular Days - no class</td>
<td></td>
</tr>
<tr>
<td>November 8th</td>
<td>Last date to drop courses without receiving a grade</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Chapters</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sep 12th</td>
<td>Studying Adult Development &amp; Aging; Physical changes</td>
<td>1, 2</td>
</tr>
<tr>
<td>Sep 19th</td>
<td>Physical changes; Longevity, Heath and Functioning</td>
<td>2, 3</td>
</tr>
<tr>
<td>Sep 26th</td>
<td>Clinical Assessment, Mental Health, and Mental Disorders</td>
<td>4</td>
</tr>
<tr>
<td>Oct 3rd</td>
<td>Person - Environment Interactions and Optimal Aging</td>
<td>5</td>
</tr>
<tr>
<td>Oct 10th</td>
<td>Attention and Perceptual Processing</td>
<td>6</td>
</tr>
<tr>
<td>Oct 17th</td>
<td>Memory</td>
<td>7</td>
</tr>
<tr>
<td>Oct 24th</td>
<td><strong>Midterm Chapters 1 - 7</strong></td>
<td></td>
</tr>
<tr>
<td>Oct 31st</td>
<td><strong>Co-curricular Days - no class</strong></td>
<td></td>
</tr>
<tr>
<td>Nov 7th</td>
<td>Intelligence</td>
<td>8</td>
</tr>
<tr>
<td>Nov 14th</td>
<td>Social Cognition</td>
<td>9</td>
</tr>
<tr>
<td>Nov 21st</td>
<td>Personality; Relationships</td>
<td>10, 11</td>
</tr>
<tr>
<td>Nov 28th</td>
<td>Work, Leisure, and Retirement</td>
<td>12</td>
</tr>
<tr>
<td>Dec 5th</td>
<td>Dying and Bereavement</td>
<td>13</td>
</tr>
<tr>
<td>Dec 10-23</td>
<td>Final scheduled in the Fall exam period Chapters 8 -13</td>
<td></td>
</tr>
</tbody>
</table>