Instructor:

FALL TERM:
Dr. Doug McCann

Email: intropsy@yorku.ca (this is my Intro Psych email address)
(NOTE: I tend to read course emails on Tuesdays).
Fax: 416 – 736 – 5814

WINTER TERM:
Professor Ingrid Pechenkov, contact details TBA

Emailing Protocol:
When you email Dr. McCann or the TA’s include your Student ID and full name in your email (if not, a reply is not guaranteed).

Office Hours:
Dr. McCann will be in his lab, room 040 Behavioural Sciences Building (basement of bsb) to meet students on Tuesdays 12 – 1. They are drop-in hours for the fall term only, no appointment is necessary.

Secretary: Sabrina Iantorno, Admin. Secretary, (416)736 - 2100 ext:66268 Room 282 Behavioral Sciences Building
Teaching Assistants:

1. **Students with last names beginning with A – Ch**
   Alexandria West
   awest21@YORKU.CA
   Thursdays 10:15 to 11:15am and 2:30-3:30pm
   019 BSB

2. **Students with last names beginning with Ci – Hz**
   Tonia Relkov
   tgrelkov@yorku.ca
   Thursdays 2:30-4:30pm
   368 BSB

3. **Students with last names beginning with I - Mo**
   Jala Rizeq
   Tuesdays at 5:30-6:30
   Wednesdays at 10-11am
   052 BSB

4. **Students with last names beginning with Mp - Sa**
   Wendy Zhao
   wendyz37@YORKU.CA
   Tuesdays 9:30-10:30am
   Wednesday from 1:30-2:30pm
   141 BSB

5. **Students with last names beginning with Sb – Z**
   Katie Matthews
   km1992@yorku.ca
   Tuesdays 9-11am
   319 Calumet

6. **General By-Appointment Only Office Hours**
   Open to any student unable to meet their TA during regular scheduled drop-in hours, please contact:
   Rebecca Young
   becca36@yorku.ca

Students are assigned to a specific Teaching Assistant alphabetically by the student’s last name. This is an administrative decision and is designed simply to facilitate organization in the course. With a course enrollment of 500 students, it’s important that each student have someone who is
familiar with them and their grades etc. The teaching assistant to whom you are assigned will be
keeping your exams and is the person you should visit to inquire about grades or to see your
exam. If you have trouble meeting their office hours because other courses conflict simply
contact them and they will arrange to transfer you to another TA whose hours you can make. Of
course, since all the TA’s will be familiar with course content feel free to drop by anyone’s office
hours to make inquiries.

Each of the TA’s will be available for two hours each week for consultation regarding text
readings, exams, grades, study habits, etc..

If you are having trouble with the lectures or the text visit the TA’s. The TA’s also will be happy to
talk with you about improving your study habits and about graduate school in psychology and
careers in psychology. The TA’s will keep the exams in order that students may examine their
exams, the right answers, and receive feedback from the TA’s regarding how they are doing and
how to do better. **THE EXAMS WILL NOT BE GIVEN BACK TO STUDENTS BUT WILL BE
KEPT BY THE TA’s.** No appointments are necessary for any of our office hours.

If you have a problem, drop by and see us or email - perhaps the easiest and fastest way to reach
us about a problem is to email us. If you email us we often can answer your question or solve
your problem very quickly. If that doesn’t work make sure to drop by and see us in person during
our office hours.

**Grading:**
In this course your work will be graded with percentages. However, in the grade report given by
the University to you at the end of the year, only letter grades are used. Listed below is the
conversion table used in this course (note: the nature of the conversion may change across
courses).

<table>
<thead>
<tr>
<th>PERCENTAGE</th>
<th>LETTER GRADE</th>
</tr>
</thead>
<tbody>
<tr>
<td>90 -</td>
<td>A+</td>
</tr>
<tr>
<td>80 – 89</td>
<td>A</td>
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<tr>
<td>75 – 79</td>
<td>B+</td>
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<td>70 – 74</td>
<td>B</td>
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<tr>
<td>65 – 69</td>
<td>C+</td>
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<tr>
<td>60 – 64</td>
<td>C</td>
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<td>55 – 59</td>
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<td>50 – 54</td>
<td>D</td>
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<tr>
<td>48 – 49</td>
<td>E</td>
</tr>
<tr>
<td>&gt;48</td>
<td>F</td>
</tr>
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</table>
Text:


The Textbook package I have ordered for the course is available in the York University Bookstore. Just look for Psychology 1010 6.0 Section D. The textbook is the only required element. The book comes packaged with a few supplements that are important for study purposes (e.g., Aplia, CourseMate, Concept Charts). Past experience suggests that the more you use these supplements to study the better you will perform in the class. A representative from the publisher will come to our class to explain these items.

Course Lecture Notes:

Course Notes useful in taking lecture notes are available on through Moodle. These are a companion to the Overhead Slides that Professor McCann uses in his lecture – *they are similar to but not always exactly the same as his class slides.* They are designed to assist students in structuring their lecture notes and are not a substitute for attending class regularly. From time to time there may be some differences between these notes and the slides Professor McCann uses in his lectures – he sometimes updates his notes just before class. But they will provide you with a structure for your note taking.

THE NOTES ARE SKELETON NOTES, THEY ARE INCOMPLETE, COMING TO CLASS WILL ALLOW YOU TO COMPLETE THE NOTES.

If you miss a lecture neither the instructor nor your TA will automatically re-present the lecture material to you. If your absence was due to illness and you can provide medical verification of this, see your TA for assistance.
# COURSE OUTLINE – FALL TERM

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>UNIT 1</th>
<th>READINGS</th>
<th>LECTURE NOTES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept 9</td>
<td>Introduction &amp; Orientation</td>
<td></td>
<td>Chpt. 1</td>
<td>Lecture 1</td>
</tr>
<tr>
<td>Sept 16</td>
<td>Methodology &amp; Statistics</td>
<td></td>
<td>Chpt. 2 &amp; Appendix B</td>
<td>Lecture 2</td>
</tr>
<tr>
<td>Sept 23</td>
<td>Methods and the Brain</td>
<td></td>
<td>Chpt 3</td>
<td>Lecture 3</td>
</tr>
<tr>
<td>Sept 30</td>
<td>Sensation &amp; Perception</td>
<td></td>
<td>Chpt 4</td>
<td>Lecture 4</td>
</tr>
<tr>
<td>Oct. 7</td>
<td>Test Review and Test Taking tips</td>
<td></td>
<td></td>
<td>Lecture 5</td>
</tr>
<tr>
<td></td>
<td>(note: this is the only time I will be doing a test review and talking about test study tips and test taking strategies, the tips presented here can be applied to all the tests in this course)</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Oct. 14</td>
<td>UNIT TEST #1 All the above readings/lectures/videos/class demonstrations</td>
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## UNIT 2

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>UNIT 1</th>
<th>READINGS</th>
<th>LECTURE NOTES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oct 21</td>
<td>Learning and Behaviourism</td>
<td></td>
<td>Chpt 6</td>
<td>Lecture 7</td>
</tr>
<tr>
<td>Oct 28</td>
<td>Memory and Information Processing</td>
<td></td>
<td>Chpt 7</td>
<td>Lecture 8</td>
</tr>
<tr>
<td>Nov. 4</td>
<td>Language and Cognition</td>
<td></td>
<td>Chpt 8</td>
<td>Lecture 9</td>
</tr>
<tr>
<td>Nov. 11</td>
<td>Stress</td>
<td></td>
<td>Chpt 13</td>
<td>Lecture 10</td>
</tr>
<tr>
<td>Nov 18</td>
<td>UNIT TEST 2 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since test 1.</td>
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## UNIT 3

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>UNIT 1</th>
<th>READINGS</th>
<th>LECTURE NOTES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov 25</td>
<td>Early Development</td>
<td>Chpt 11</td>
<td>p. 488-516</td>
<td>Lecture 11</td>
</tr>
</tbody>
</table>

THERE IS NO MIDTERM IN THE DECEMBER EXAM PERIOD
HOLIDAY BREAK

COURSE OUTLINE: WINTER TERM: PLEASE SEE WINTER LECTURE SCHEDULE

NOTE: There is no exam for this course in the Final Exam Period. Evaluation is based on the 5 in-class tests. All tests are held in the lecture classroom.

IMPORTANT DATES website links:

http://www.registrar.yorku.ca/enrol/dates/ - From here you can access the academic calendar dates, including drop dates, co-curricular & reading weeks, exam periods etc. Also religious holidays and the policy on religious accommodation


Links related to Academic Honesty.

1) http://www.yorku.ca/health/new_students/#AcademicIntegrity  Faculty of Health Academic Integrity Tutorial and Quiz

2) http://www.yorku.ca/academicintegrity/students/index.htm  Academic Integrity for Students (this is another version of this, targeted at students) – it would be good to include this page for your students too

3) http://www.yorku.ca/secretariat/policies/document.php?document=69  The Senate Policy on Academic Honesty; (Senate academic integrity tutorial not working)

A more general document on Student Rights and Responsibilities:


Note: Continuing Study in Psychology
The Senate of York University has passed a regulation stating that students must obtain a minimum grade of C (4.0) in AS/SC/PSYC 1010.06 in order to be permitted to
pursue a degree in Psychology or to take any further course work in psychology even if they do not plan to major in Psychology. This regulation applies to students wishing to take Psychology courses in the Faculty of Arts and the Faculty of Pure and Applied Sciences. The regulation applies to students who enter the university in FW 96 or after.

COURSE FORMAT

The lectures will discuss and expand upon text readings. You should note that although not all text material will be discussed directly in class you are responsible for all the text readings for test purposes. In addition, some of the lectures will discuss material not available in the text. Again, you are responsible for this material. If you miss a class, try to borrow notes from a classmate. This course will be conducted primarily in a lecture format (there are no tutorials). When studying for tests, do not study just from the text or just from the lecture notes.

Films and videos will be shown from time to time and general questions derived from this material may appear on tests. Periodically, research demonstrations and experiments will be conducted in class. These are generally designed to illustrate important concepts or to give experience in participating in a subject role in research. Although direct participation is voluntary, it is encouraged and the results of any such exercise will be discussed in class where relevant and questions based on this material may appear on tests. If in doubt as to the material to be examined on tests, please ask the TA’s or Dr. McCann.

EVALUATION OF STUDENTS

Tests

Student evaluation is based on two components. 5 equally weighted tests constitute 96% of your final grade. Each test counts 19.2% toward your final grade. These tests typically consist of 80 multiple-choice questions. The Unit tests deal primarily with material discussed in that unit; that is, they are noncumulative.

4% of your grade comes from your participation in the URPP (Undergraduate Research Participant Program) research opportunities.

To earn the 4% research mark you must participate in 3 hours of research in the Fall term (for 2%) and 3 hours of research in the winter term (for 2%). You cannot obtain the full 4% credit unless you do 3 hours of research in each term. All of this is done under the direction of the URPP coordinator, not the course professor.

The URPP coordinator will visit our class in the first few weeks of the course to describe the URPP program and your participation in it. All Introductory psychology students can receive 4% for participating in 6 hours of research run by the URPP. The 4% is added on to your exam grades to give you a final grade out of 100%. You can contact them at urpp@yorku.ca. If you have any concerns regarding urpp points or participation, email them, not your instructor or TA.
BONUS MARK EXERCISE OPPORTUNITY: Winter term.

During class time Professor Pechenkov will lecture on the topic of Mindfulness Meditation. Meditation is one of the topics covered in Chapter 5, which is the reading for that day. During the lecture students will be instructed on Mindfulness Meditation and will be provided with the opportunity to engage in Meditation under Professor Pechenkov’s supervision. A written exercise will be provided in class which student can complete and hand in. The exercise will be graded (Maximum 2% added on to your final grade). Only students who come to class that day will be provided with this bonus opportunity since it depends directly on the classroom exercise. If you have any concerns, please talk to the professor before that class.

MISSED TESTS

Missed tests happen – some students occasionally miss tests. Such an occurrence is not to be taken lightly. The instructor – not the TA – decides if you will be given a make-up exam opportunity. The only officially recognized reason for missing a test is a medical one, documented with a medical note. Any test missed on medical grounds must be accompanied by an Attending Physician’s Statement or a Statement by a Psychologist or Counselor.

Other non-medical ground for missing a test include a death in the family and must be supported by appropriate documentation (i.e., obituary, death certificate, emergency travel documents). Student Athletes must obtain documentation from their coach giving reasons for the absence and dates.

YOU MUST OBTAIN AND USE THE MEDICAL FORM titled “Attending Physician’s Form: It is available from

http://www.yorku.ca/grads/forms/NEW/attending_physician_statement.pdf

Upon presentation of the Attending Physician’s Form, the Instructor will organize a make-up exam opportunity. The make-up exam must be written when scheduled by the instructor (see Departmental Guidelines). The only reason other than a medical one for missing a scheduled make-up exam is that you have a previously scheduled exam that conflicts. Contact your TA immediately upon missing a test.

CHEATING/PLAGIARISM

The University does not look favorably on cheating of any kind – the penalties are harsh indeed. Become familiar with the rules and regulations regarding cheating/plagiarism published in the University Calendar. See the University Calendar for more detail. Information on cheating and plagiarism can be found

- At a comprehensive website on Academic Integrity for students http://www.yorku.ca/academicintegrity/students/index.htm
- In the Psychology Supplemental Calendar
Instructor:  

WINTER TERM:  
Professor Ingrid Pechenkov  

Email: ingridg@yorku.ca

Emailing Protocol:  
When you email Professor Pechenkov or the TA’s include your Student ID and full name in your email (if not, a reply is not guaranteed).

Office Hours:  
Professor Pechenkov can be reached in room 040 Behavioural Sciences Building (basement of bsb) to meet students on Tuesdays 12 – 1.

Secretary:  
Sabrina Iantorno, Admin. Secretary, (416)736 - 2100 ext:66268  
Room 282 Behavioral Sciences Building
# COURSE OUTLINE – WINTER TERM

## UNIT 3 Continued

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Chapter(s)</th>
<th>Lectures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 6</td>
<td>Life Span Development and Culture</td>
<td>Chpt 11</td>
<td>Lecture 11</td>
</tr>
<tr>
<td></td>
<td></td>
<td>p. 516-545.</td>
<td></td>
</tr>
<tr>
<td>Jan 13</td>
<td>Emotion and Motivation</td>
<td>Chpt 10</td>
<td>Lecture 12</td>
</tr>
<tr>
<td>Jan 20</td>
<td>UNIT TEST 3 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since test 2.</td>
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</table>

## UNIT 4

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Chapter(s)</th>
<th>Lectures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 27</td>
<td>Mindfulness Meditation and, Consciousness and <strong>BONUS MARK EXERCISE OPPORTUNITY (2%)</strong></td>
<td>Chpt. 5</td>
<td>Lecture 13</td>
</tr>
<tr>
<td>Feb 3</td>
<td>Intelligence</td>
<td>Chpt 9</td>
<td>Lecture 14</td>
</tr>
<tr>
<td>Feb 10</td>
<td>Personality and Assessment</td>
<td>Chpt. 12</td>
<td>Lecture 15</td>
</tr>
<tr>
<td>Feb 17</td>
<td><strong>READING WEEK: NO CLASSES</strong></td>
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<tr>
<td>Feb 24</td>
<td>UNIT TEST 4 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since test 3</td>
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## UNIT 5

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<th>Date</th>
<th>Topic</th>
<th>Chapter(s)</th>
<th>Lectures</th>
</tr>
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<tbody>
<tr>
<td>Mar 3</td>
<td>Social Perception and Influence</td>
<td>Ch 16 p. 740-744, 747-758, 768-779</td>
<td>Lecture 16</td>
</tr>
<tr>
<td>Mar 10</td>
<td>Attitudes, Stereotypes, and Prejudice</td>
<td>Chpt 16, 745-746, 759-768, Social Neuroscience p. 779-780, 781-789</td>
<td>Lecture 17</td>
</tr>
<tr>
<td>Mar 17</td>
<td>Psychopathology I</td>
<td>Chpt 14</td>
<td>Lecture 18</td>
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<tr>
<td>Mar 24</td>
<td>Psychopathology II</td>
<td>Chpt 15</td>
<td>Lecture 19</td>
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<tr>
<td>Mar 31</td>
<td>UNIT TEST 5 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since test 4:</td>
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**NOTE:** There is no exam for this course in the Final Exam Period. Evaluation is based on the 5 in-class tests. All tests are held in the lecture classroom.